

MamyPoko Diaper Size Chart

Printable Guide for Parents

Size	Weight Range	Age Range	Diapers/Day	Monthly Approx
NB (Newborn)	0-5 kg	0-2 months	8-12	240-360
S (Small)	4-8 kg	2-5 months	6-8	180-240
M (Medium)	7-12 kg	4-8 months	6-8	180-240
L (Large)	9-14 kg	7-18 months	5-6	150-180
XL (Extra Large)	12-17 kg	18-36 months	4-5	120-150
XXL (Extra Extra Large)	15-25 kg	24+ months	4	120

When to Size Up:

- Frequent leaks out the legs or waistband
- Diaper feels too tight around baby's thighs
- Red marks on baby's skin after diaper removal
- Baby seems uncomfortable in current size
- Diaper consistently moves around during wear
- You're going through a package very quickly

Why MamyPoko?

- Hypoallergenic and dermatologist-tested
- Soft, breathable material protects delicate skin
- Double leakage barriers prevent accidents
- Excellent absorption for longer-lasting dryness
- Available at affordable prices across India